

See a GP online over secure video, from home or work -  
on your smartphone, tablet or PC

As part of our commitment to improving access for our patients we're using **Q doctor** to enable video consultations with GPs.

This means for certain conditions\* you can see a GP from home or work, without having to come to the surgery.

Simply call your surgery to get an **appointment code** then book your video consultation online.



\*Suitable for people with clinically straightforward conditions (who don't require a formal examination)

For example:

Acne, Anxiety, Athlete's foot, Blepharitis, Colds, Conjunctivitis, Contraception (Emergency), Dry skin, Eczema, Fever, Fungal infection, Hayfever, Headache, House dust allergy, Indigestion, Influenza, Itchy eyes, Lifestyle advice, Low mood/Depression, Medical advice, Medication review, Muscle sprains/strains, Nail infections, Pink eye, Private referral letters, Sinusitis, Sleep hygiene, Smoking cessation, Sore throat, Stress, Stye, Superficial skin complaints, Urine infections, Warts/verrucae, Weight loss.

## How to sign up, book and start your consultation

Once you have an appointment code from your surgery please follow these steps



### TO SIGN UP AND BOOK

- In **Google Chrome** browser
- Go to **www.qdoctor.io**
- Click **Sign up**
- Choose **Patient/NHS Patient**

Then follow the instructions to sign up and book

### TO START CONSULTATION

- In **Google Chrome** browser
- Go to **www.qdoctor.io**
- Click **Login** and enter info
- Go to **"Appointments"**

If it says **"Confirmed"** please wait for doctor to Enter Consultation

When doctor is ready click **"Enter Consultation"**

### IPHONE/IPAD



- Go to **App Store**
- Search for **"Q doctor"** (include the space after Q)
- Select **Q doctor - from MyMed Ltd**
- **Get**, then **Open** the app
- Please allow notifications
- Choose **Find my GP surgery**
- Then **Sign Up**

Then follow the instructions to sign up and book

At your consultation time you'll get a notification to tell you it's starting (if you allowed notifications). **Select to launch** app, then select **"Started"** to enter your consultation.

If notifications not allowed - or you need to log in again - open app and follow these steps at your consultation time.

- Login, go to **Appointment**
- Select **Started** to enter consult

### ANDROID



- Go to **Google Play Store**
- Search for **"Q doctor"**
- Select **Q doctor - from My Med Ltd**
- **Install**, then **Open** the app
- In top right menu select **SignUp**, then **Patient/NHS Patient**
- Follow the instructions to sign up
- Find your surgery at the end under **"Select Your GP Practice"**

Then follow the instructions to book

At the time of your consultation, go to **Appointments** screen and you'll see your confirmed appointment.

You'll get a notification when the doctor joins the consultation, select it, then select **"Enter consultation"**.

If you're not already logged in, you'll need to do so.

### PLEASE NOTE

**You will not get a video call from the doctor** - you need to be logged in to your chosen device at the time of your appointment and follow the instructions above to start your consultation. This is where the video consult with the doctor takes place.

Your doctor may be running behind schedule - **please be logged in and ready at your appointment time** and follow the instructions above when your consultation starts.